

Monday, Nov. 6

## The 3rd Uitemate Instructors Training Course in the Philippines and Uitemate Lessons for Citizens in City of Bago

Nov. 6, 2017

In the Buenos Aires Mountain Resort



### *The 3rd Uitemate Instructors (pool) Training Course in the Philippines and Uitemate Lessons for Citizens in City of Bago*

9:00 am Introduction and Opening Ceremony at Conference room

Invocation

The Local Disaster Risk Reduction and Management Office of Bago City

Opening Remarks

Hidetoshi Saitoh: President, The Society of Water Rescue and Survival Research

Merijene C. Ortizo: MD, LDRRMO IV Bago City

9:15 am Lecture: Instructor training course of *Uitemate*

Hidetoshi Saitoh: Nagaoka University of Technology, Japan

10:15 am Change of clothes

10:30 am Skill training of Uitemate instructor training course at Swimming pool

International instructor: Takahiko Kimura: Ako Fire Department, Japan

12:15 pm Training ended

12:45 pm Closing Ceremony at conference room

Closing Remarks

Terence June T. Toriano: SWRSR Philippine Branch Chief

13:00 pm ended

### ***Uitemate Lesson for Citizens***

10:00am Opening Ceremony at Swimming pool

Lesson 10:10-11:40am

11:45am Closing Ceremony at Swimming pool

### **Personal effects**

Swimwear, T-shirt, sandals or athletic shoes,

Plastic bottle (with a lid of about 2 L empty)

### **Registration Fee**

Residence in Japan 12,000 JPY Non-Residence in Japan free

### **Contact,**

1603-1 Kamitomioka, Nagaoka, Niigata 940-2188 JAPAN

Nagaoka University of Technology E-mail [info@uitemate.jp](mailto:info@uitemate.jp)

### ***Executive Committee Members***

Hidetoshi Saitoh, Ph. D.

President, The Society of Water Rescue and Survival Research

Professor, Nagaoka University of Technology, Japan

Merijene C. Ortizo, MD.

The Local Disaster Risk Reduction and Management Office of Bago City

Takahiko Kimura, Ph. D.

Secretary-General, The Society of Water Rescue and Survival Research

Fire chief, Shintoshu F.D. of Ako Fire Department, Japan

Yuji Tamura, Ph. D.

Vice President, The Society of Water Rescue and Survival Research

Associate Professor, Tokyo University of Marine Science and Technology, Japan

### ***Committee Members***

Terence June T. Toriano, SWRSR Philippine Branch Chief

Division Chief, The Municipal Disaster Risk Reduction

Management Office of Kalibo

Junko Nagahara, Osaka University, Japan

Tatsuki Tokunaga, SWRSR, Japan

Hiroki Saitoh, SWRSR, Japan

*Organizer: The Society of Water Rescue and Survival Research*

*Co-organizer: City of Bago*

*The Bago City Disaster Risk Reduction and Management Council*  
*Task Force: Kazuyoshi Naitoh (Japan Overseas Cooperation Volunteers)*