



Uitemate



The 8th Workshop on the Water Rescue and Survival Research

12 December 2020

ONLINE

The Society of Water Rescue and Survival Research

“Uitemate” is an important motto to help survive sudden water accidents. When a person encounters a water related incident, it is vital to keep the air-way free by floating on their back (uite) and waiting for a rescuer to come to their assistance (mate).

Uitemate challenges the current thought of water rescue to where the victim plays the leading role, not rescuer.



Welcome Message

It is our greatest honor and pleasure to host the 2020 workshop on water rescue and survival research (Uitemate 2020) online.

The Society of Water Rescue and Survival Research has spent eight years to spread Uitemate, the important skills of victims in water accident, in Asian countries such as Sri Lanka, Indonesia, Thailand, Malaysia, Taiwan, Vietnam, and the Philippines. Moreover, we had great opportunities to meet all the responsible Uitemate leaders in each country to foster Uitemate instructors in their countries. The main aim of this workshop on Uitemate is to investigate how effectively we can spread Uitemate in each country, even though we are under the serious damage of the COBID-19.

We welcome all of you to our 8th International Workshop on Water Rescue and Survival Research (Uitemate 2020).

Executive Committee Members

Hidetoshi Saitoh, Ph. D.

Chairman, Organizing Committee of Uitemate Workshop 2020

Professor, Nagaoka University of Technology, Japan

Takahiko Kimura, Ph. D.

Co-Chairman, Organizing Committee of Uitemate Workshop 2020

CEO, Aquatic Disaster Research Institute, Japan

Yoshihiro Ominato, Mr.

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Associate Professor, National Institute of Technology, Nagaoka College, Japan

Assistant Members

Toshio Shinoda, Mr.

Supervisor of Uitemate Instructor, The Society of Water Rescue and Survival Research, Japan

Yuji Kugai, Mr.

Supervisor of Uitemate Instructor, The Society of Water Rescue and Survival Research, Japan



General Information

Date	December 12 th , 2030
Venue	Online (Zoom)
Theme	The Current situation of Uitemate trainings, Unique activities, and water safety education which we can provide despite COVID-19 circumstance
Official Website	http://wr.umin.jp/uitemate2020.html
Official Language	English



Registration

For registration for Uitemate 2020, please access our website;

<http://wr.umin.jp/uitemate2020.html>

Please fill out the registration form and submit it, then you will receive the URL to join the workshop (Zoom) on December 12th.



Uitemate 2020

The 8th Workshop on the Water Rescue and Survival Research: Uitemate 2020 (online)

Date: December 12, 2020 14:00-18:00pm (JST)

Venue: Online (Zoom meeting)

Language: English

Organizer: The Society of the Water Rescue and Survival Research

*Presentation: 15 minutes for each presentation + 5 minutes of Q&A

*The time on this timetable is all Japan Standard Time (JST). Please make sure and check that you have time difference between the time zone of your country and that of Japan.

13:30~	Preparation (Participants can try their connections)
14:00	Uitemate 2020 Starts
14:00-14:10	Opening Remarks: Dr. Hidetoshi SAITOH (President of SWRSR)
14:10-14:30	Presentation 1: Mr. Terence Toriano [Philippines] <i>“Adapting to the New Normal: Development of New Training Methodology on Uitemate”</i>
14:30-14:50	Presentation 2: Mr. Rio Ika Yudha [Indonesia] <i>“Uitemate for Person with Visual Impairment (Low and Loss Vision Disabilities)”</i>
14:50-15:10	Presentation 3: Ms. Wu Ni Yen [Taiwan] <i>“Aquabics classroom practice method regulated under COVID-19”</i>
15:10-15:30	Presentation 4: Mr. Tatsuki Tokunaga [Japan] <i>“Remote Uitemate Instructor Trainings Course”</i>
15:30-15:40	SHORT BREAK 10 min.
15:40-16:00	Presentation 5: Mr. Adisak Suvanprakorn [Thailand] <i>“The Water Safety Training in Thailand despite COVID-19 Circumstances”</i>
16:00-16:20	Presentation 6: Mr. Geh Thuan Tek [Malaysia] <i>“Drowning Prevention through Education & Risk Management”</i>
16:20-16:40	Presentation 7: Ms. Foong Inn Wong [Malaysia]

16:40-17:00	<p><i>“Aquatic Education Amidst the COVID-19 Pandemic”</i></p> <p>Presentation 8: Mr. Asanka Nanayakkara [Sri Lanka]</p> <p><i>“COVID 19 pandemic and Lifesaving activities in Sri Lanka”</i></p>
17:00-17:40	Discussion Time
17:40-17:50	Closing Remarks:
18:00	Closing



UITEMATE Workshop 2020

Presentation Summary

Presentation 1 14:10-14:30 (JST)

Mr. Terence Toriano (Philippines)

[LDRRMO III, The Municipal Disaster Risk management Office of Kalibo]

“Adapting to the New Normal: Development of New Training Methodology on Uitemate”

As the world reels as several countries are affected by the second or third wave of the surge of the COVID-19, our training directive on Bosai Courses and Emergency Services has not changed as the President of the Philippines himself voids all face to face training.

The new normal adaptation to training especially on Uitemate seems strange and unheard of but we have to adapt to the gap and improvise and this is where Facebook, Instagram, YouTube, Google Meet and Zoom play a major role.

Divided into static training Medium and proactive training courses, they serve as a bridge in propagating the spread of Uitemate to increase the survivability during disasters especially that the Philippines just braved the impacts of Typhoon Quinta, Super Typhoon Rolly and Typhoon Ulysses.

Presentation 2 14:30-14:50 (JST)

Mr. Rio Ika Yudha (Indonesia)

[BASARNAS: National Search and Rescue Agency]

“Uitemate for Person with Visual Impairment (Low and Loss Vision Disabilities)”

Uitemate training that we often do is from the work program SAR Goes to School. Children at an early age can understand when one day they experience a special emergency on the surface of the water. With the current situation and increasing transmission of the covid-19, several public facilities that have the potential for transmission of the virus are closed.

We also would like to talk about Uitemate for visual impaired people. In 2020, we made 6 Braille

books, one of which was about the flood and tsunami. In this book we insert uitemate learning. This activity is carried out to provide abilities to disabilities.

Presentation 3 14:50-15:10 (JST)

Ms. Wu Ni Yen (Taiwan)

[President, Yenny Aqua Fitness]

“Aquabics classroom practice method regulated under COVID-19”

The COVID-19 pandemic may last for a number of years and that cases will rebound episodically. Aquatic education programs play a key part in maintaining a healthy and active lifestyle and in creating water safety awareness for all cross-sections of our community. As with all exercise and activities at this time, aquatic education program must comply with standards for safe physical distancing throughout lessons and practice within aquatic facilities. In this presentation, I will introduce the current state of aquatic education program in Taiwan.

Presentation 4 15:10-15:30 (JST)

Mr. Tatsuki Tokunaga (Japan)

[Bungotakada Fire Department]

“Remote Uitemate Instructor Trainings Course”

Due to the serious influence of the pandemic of covid-19, the Society of Water Rescue and Survival Research, Japan (Uitemate), decided to provide a uitemate instructor courses online with using Zoom. I will introduce some of the procedure and what we are actually doing to issue certificates to the participants of Uitemate instructor in Japan in 2020.

Presentation 5 15:40-16:00 (JST)

Mr. Adisak Suvanprakorn (Thailand)

[Director, Thai Life Saving Society]

“The Water Safety Training in Thailand despite COVID-19 Circumstances”

Since we are under the serious situation of the pandemic of COVID-19, we had stopped having any classes for swimming. However, we started to our water safety training from this November. I am working on the training especially for the people outside downtown, and tell them essential skills to float and wait, and also to wear their life jackets before they are on their boats to prevent themselves from drowning. In Thailand, we started our trainings with social distance and wearing masks. I will talk more about what we are doing for the water safety training Thailand.

Presentation 6 16:00-16:20 (JST)

Mr. Geh Thuan Tek (Malaysia)

[President, the Life Saving Society Malaysia]

“Drowning Prevention through Education & Risk Management”

Drowning is the top 3 leading cause of unintentional drowning injury death in the world and top 5 causes of death for people aged between 1 to 14 years (WHO, 2020). According to the Department of Statistic Malaysia, population aged between 0 to 14 years recorded the highest percentage in accidental drowning in the year 2018. A team consists of (specific related professional) were formed at ministerial level to identify & implement HIRARC (Hazards Identification, Risk Assessment and Risk Control) at high risks water bodies. Therefore, the focus of this presentation is to share the finding and how we have implemented various approaches to educate and prevent the community at early stages of DROWNING PREVENTION initiatives. One initiative that I like to highlight is advisory signage in high risks and low risks area complying to ISO standard. And lastly I will touch on Covid-19 situation in

Malaysia and how we play a part to help the government and the industries.

Presentation 7 16:20-16:40 (JST)

Ms. Foong Inn Wong (Malaysia)

[President, Swimming Teachers' Association of Malaysia]

"Aquatic Education Amidst the COVID-19 Pandemic"

In line with the theme of the SWRSR Workshop, STAM would like to share our New Standard Guideline (NSG) Covid-19 Prevention Guardian & Learner + Water safety/Uitemate Program with the international community of Aquatic Educators and Uitemate training providers as we ride through the global COVID19 pandemic together.

Presentation 8 16:40-17:00 (JST)

Mr. Asanka Nanayakkara (Sri Lanka)

[President, the Life Saving Association of Sri Lanka]

"COVID 19 pandemic and Lifesaving activities in Sri Lanka"

The work that Sri Lanka Life Saving (SLLS) started was never got interrupted since we were able to complete "Swim for Safety" (SfS) curriculum, "Guideline for Safe Pool Operation – GSPO", "Guideline for Safe Beach" and the "Water Safety App". We had to put tremendous, continuous and bravery efforts to complete them. It would have never been easy for us to complete them without the right support of all our stakeholders. Our activities never got interrupted since SLLS was able to create more opportunities towards these activities building a new relationship with the civil military support element team of USA Embassy. They supported us to carry on with Water Safety, UITEMATE & CPR training activities as well listing them under American corner canters. Marching ahead more proactively, SLLS was able to develop social media strategies & new innovation for Facebook, Instagram, Twitter & LinkedIn. Yet again, this event was technically supported by or USA Embassy in Colombo Sri Lanka. The most recent expansion of our activities were paraded across conducting Basic water safety, UITEMATE & CPR training course (Online – Google classroom) and organizing open water sea swims among the swimming academies in Colombo.