



ういてまて
Uitemate



The 1st International Conference on Uitemate

21-23 November 2019

Promenade Hotel Kota Kinabalu

Kota Kinabalu, Malaysia

The Society of Water Rescue and Survival Research

“*Uitemate*” is an important motto to help survive sudden water accidents. When a person encounters a water related incident, it is vital to keep the air-way free by floating on their back (*uite*) and waiting for a rescuer to come to their assistance (*mate*).

Uitemate challenges the current thought of water rescue to where the victim plays the leading role, not rescuer.



Welcome Message

It is our great honor and pleasure to host the 2019 international conference on Uitemate in Kota Kinabalu, Malaysia on November 21 and 22.

The Society of Water Rescue and Survival Research has spent seven years to spread Uitemate, the important skills of victims in water accident, in Asian countries such as Sri Lanka, Indonesia, Thailand, Malaysia, Taiwan, Vietnam, and the Philippines. Moreover, we had great opportunities to meet all the responsible Uitemate leaders in each country to foster Uitemate instructors in their countries. The main aim of this conference on Uitemate is to investigate how effectively Uitemate is spreading in their countries, and also to know what efficient methods we are applying to spread it in each country and what problems we do have in this international situations. At the same time, we will discuss current state and statistics of water related accidents in each country so that we will be able to figure out some solutions and suggestions for our future Uitemate project.

We welcome all of you to our 1st International Conference on Uitemate (the Society of Water Rescue and Survival Research).

Executive Committee Members

Hidetoshi Saitoh, Ph. D.

Chairman, Organizing Committee of the conference on uitemate

Professor, Nagaoka University of Technology, Japan

Yuji Tamura, Ph. D.

Co-Chairman, Organizing Committee of the conference on uitemate

Associate Professor, Tokyo University of Marine Science and Technology, Japan

Takahiko Kimura, Ph. D.

Co-Chairman, Organizing Committee of the conference on uitemate

The Municipal Disaster Risk Reduction Management Office of Kalibo, Philippines

Committee Members

Adisak Suvanprakorn

SWRSR Thailand Branch Chief, Organizing Committee of the conference on Uitemate
Training Director Thai Life Saving Society, The Kingdom of Thailand

Asanka Nanayakkara

SWRSR Sri Lanka Branch Chief, Organizing Committee of the conference on Uitemate
President, The Life Saving Association of Sri Lanka, Republic of Sri Lanka

Donny Firmansyah

SWRSR Indonesia Branch Chief, Organizing Committee of the conference on Uitemate
SAR Instructor, National Search and Rescue Agency, Republic of Indonesia

Geh Thuan Tek

SWRSR Malaysia Branch Chief, Organizing Committee of the conference on Uitemate
President, The Life Saving Society Malaysia Penang, Malaysia

Terence June T. Toriano

SWRSW Philippines Branch Chief, Organizing Committee of the conference on Uitemate
LDRRMO III, The Municipal Disaster Risk Reduction Management Office of Kalibo, Republic of the
Phillipines

Yoshihiro Ominato

SWRSR Assistant Chief of Foreign Affair, Organizing Committee of the conference on Uitemate
Associate Professor, National Institute of Technology, Nagaoka College, Japan

Organizer: The Society of Water Rescue and Survival Research



General Information

Date	November 21 and 22, 2019
Venue	Promenade Hotel Kota Kinabalu in Malaysia
Official Website	http://wr.umin.jp/uitemate2019.html
Official Language	English



Venue

Promenade Hotel Kota Kinabalu is located downtown Kota Kinabalu. The venue is within a 10-minute walk distance of popular sites such as Imago Shopping Mall and Anjug Samudera. This hotel features an outdoor pool, a children's pool, and a fitness center. If you drive, self-parking is MYR 4 per day, or you can take advantage of the shuttle from the airport to the hotel (available on request) for MYR 50 per vehicles. The front desk is open 24/7 to help with securing valuables, luggage storage, and tours or tickets. Additional amenities include free WiFi in public areas, conference space, and free newspapers.



Scientific program

The 1st International Conference on Uitemate 2019 focuses on three main topics. First topic will be the current state of water accident of each country and statistics, the second will be the most recent situations of how Uitemate is spreading in each country, and final topic will be the religious aspect to look at and support the effective method to disseminate Uitemate in the world. The topic related to the statistical field will be presented on the first date, and the current state of Uitemate in each country and religious aspect will be discussed on the second date.



Uitemate Instructor Course

1. Malaysian Navy Sabah 2019/11/20
2. Universiti Malaysia Sabah & Likas Sport Complex 2019/11/23



Schedule prior to the international conference

Nov. 17, 2019: Meeting with representatives of the Philippines Coast Guard (17:00pm)

Nov. 18, 2019: Move to Kota Kinabalu

Nov. 19, 2019: Meeting with the Consul General of Consular Officer of Japan at Kotak Kinabalu, Malaysia regarding water accidents and disasters in Borneo Island (10:00am)

Nov. 19, 2019: Meeting with professors of Universiti Malaysia Sabah (UMS) at Marine Research Institute of UMS regarding water accidents in Sabah, Instructor Course on 11/23, and future collaboration (14:30pm)

No. 20, 2019: Meeting with the offices of Malaysian Navy Sabah regarding water accidents in Sabah Malaysia (10:00am)

Nov. 20, 2019: Uitemate Instructor Course at Malaysian Navy, Sabah.

Nov. 20, 2019: Preparation for the International Conference on Uitemate at Promenade Hotel Kota Kinabalu (afternoon)

Nov. 20, 2019: Meeting with the Participants of the Conference & Self Introduction (Evening)

Tentative Program for the International Conference on *Uitemate* 2019

©International Conference on Uitemate 2019

DAY1: Thursday, November 21 [International Conference on *Uitemate*]

(@ Promenade Hotel Okid Room (1F))

0730-0800	gate opens for preparation
0800-0820	Registration: Ms. Adlyn Adam Teoh (Swimming Teachers' Association of Malaysia)
Opening Ceremony	
0820-0840	Welcome Message:

[20min]	Opening remarks: Dr. Hidetoshi Saitoh (President, SWRSR)
Presentation Part1 “Current Situation of Water-Related Accidents” Session Chair: Dr. Hidetoshi Saitoh (Nagaoka University of Technology)	
0840-0910 [30min]	Statistics in Thailand Ms. Sangchon Siripanich Ph.D (Department of Disease Control, Ministry of Health, Thailand)
0910-0940 [30min]	Topics about Water Accidents and Drowning Mr. Joseph Madrilejos (Department of Health, the Philippines)
0940-1010 [30min]	Drowning Prevention in the Philippines Dr. Maria Rosario Sylvia Uy (Department of Health, the Philippines)
1010-1030 [20min]	Short break
1030-1100 [30min]	Statistics in Sri Lanka Mr. Hetti Hewage Chulasiri (Sri Lanka Police)
1100-1130 [30min]	Statistics in Indonesia Mr. Muchammad Musyaffa (National Search and Rescue Agency, Indonesia)
1130-1200 [30min]	Statistics in Malaysia Ms. Geh Cheow Lin (Life Saving Society Malaysia, Penang)
1200-1215 [15min]	Statistics in Japan Dr. Takahiko Kimura (SWRSR)
1215-13:10 [60min]	Lunch Break
Presentation Part2 “Religious Aspects to Analyze Water Accidents” Session Chair: Dr. Hidetoshi Saitoh (Nagaoka University of Technology)	
1310-1330 [20min]	Dr. Junko Nagahara (Osaka University, Japan)
1330-1400 [30min]	Dr. Chomnard Setisarn (Chulalongkorn University, Thailand)
Panel Discussion Part 1	
1420-1820	Panel 1: <i>How do we analyze the current situation of water-related accidents in Asian countries?</i> [120min] Short Break [10min]

Panel 2: Are there any connection between water-related accidents & drowning prevention activities and their religion in each country? [120min]

15:30-15:50 Short Break [20min]

Chairman: Dr. Hidetoshi Saitoh (Nagaoka University of Technology)

Moderator: Mr. Yoshihiro Ominato (National Institute of Technology, Nagaoka College)

Assistant: Ms. Adlyn Adam Teoh (Swimming Teachers' Association of Malaysia)

Panelists:

THAILAND

- (1) Ms. Sangchon Siripanich (Ministry of Health)
- (2) Dr. Chomnard Setisarn (Chulalongkorn University)
- (3) Mr. Adisak Suvanprakorn (Thai Life Saving Society)

PHILIPPINES

- (4) Dr. Maria Rosario Sylvia Uy (Department of Health)
- (5) Mr. Joseph Madrilejos (Department of Health)
- (6) Mr. Terence June T. Toriano (MDRRMO of Kalibo)

SRI LANKA

- (7) Mr. Hetti Hewage Chulasiri (Sri Lanka Police)
- (8) Mr. Asanka Nanayakkara (Life Saving Association of Sri Lanka)

INDONESIA

- (9) Mr. Muchammad Musyaffa (BASARNAS)
- (10) Mr. Donny Firmansyah (BASARNAS)

MALAYSIA

- (11) Ms. Foong Inn Wong (Swimming Teachers' Association of Malaysia)
- (12) Ms. Adlyn Adam Teoh (Swimming Teachers' Association of Malaysia)
- (13) Ms. Geh Cheow Lin (Life Saving Society Malaysia, Penang)

JAPAN

- (14) Dr. Yuji Tamura (Tokyo University of Marine Science and Technology)
- (15) Mr. Jun Abe (Asahi Diving Works)
- (16) Dr. Takahiko Kimura (MDRRMO of Kalibo)
- (17) Dr. Junko Nagahara (Osaka University, Japan)

1820-1830	Closing for Day1
19:00-	Meeting over Dinner

DAY2: Friday, November 22 [International Conference on *Uitemate*]

(@ Promenade Hotel Okid Room (1F))

0830-0850	Registration
Presentation Part3 “Current State of how <i>Uitemate</i> is spread in each country” Session Chair: Dr. Hidetoshi Saitoh (Nagaoka University of Technology)	
0850-0920 [30min]	THAILAND Mr. Adisak Suvanprakorn (Thai Life Saving Society)
0920-0950 [30min]	SRI LANKA Mr. Asanka Nanayakkara (Life Saving Association of Sri Lanka)
0950-1010 [20min]	Short Break
1010-1040 [30min]	MALAYSIA Ms. Foong Inn Wong (Swimming Teachers’ Association of Malaysia)
1040-1110 [30min]	INDONESIA Mr. Donny Firmansyah (National Search and Rescue Agency, Indonesia)
1110-1140 [30min]	PHILIPPINES Mr. Terence June T. Toriano (Municipal Disaster Risk Reduction Management Office of Kalibo, Philippines)
1140-1200 [20min]	JAPAN Dr. Takahiko Kimura (SWRSR)
1200-1250 [60min]	Lunch Break
Panel Discussion Part 2	
1250-1650	Panel 1: <u><i>Is Uitemate recognized in your country? Is it recognized by the residents of your area? In what situation is Uitemate effective in your country?</i></u> [120min] Short Break [10min] Panel 2: <u><i>What is the next step for Uitemate? Let’s find some new ways to disseminate Uitemate to the world?</i></u> [120min] Chairman: Dr. Hidetoshi Saitoh (Nagaoka University of Technology) Moderator: Mr. Yoshihiro Ominato (National Institute of Technology,

	<p>Nagaoka College) Assistant: Ms. Adlyn Adam Teoh (Swimming Teachers' Association of Malaysia)</p> <p>Short break 1500-1520 [20min]</p> <p>Panelists:</p> <p>THAILAND</p> <p>(1) Ms. Sangchon Siripanich (Ministry of Health) (2) Dr. Chomnard Setisarn (Chulalongkorn University) (3) Mr. Adisak Suvanprakorn (Thai Life Saving Society)</p> <p>PHILIPPINES</p> <p>(4) Dr. Maria Rosario Sylvia Uy (Department of Health) (5) Mr. Joseph Madrilejos (Department of Health) (6) Mr. Terence June T. Toriano (MDRRMO of Kalibo)</p> <p>SRI LANKA</p> <p>(7) Mr. Hetti Hewage Chulasiri (Sri Lanka Police) (8) Mr. Asanka Nanayakkara (Life Saving Association of Sri Lanka)</p> <p>INDONESIA</p> <p>(9) Mr. Muchammad Musyaffa (BASARNAS) (10) Mr. Donny Firmansyah (BASARNAS)</p> <p>MALAYSIA</p> <p>(11) Ms. Foong Inn Wong (Swimming Teachers' Association of Malaysia) (12) Ms. Adlyn Adam Teoh (Swimming Teachers' Association of Malaysia) (13) Ms. Geh Cheow Lin (Life Saving Society Malaysia, Penang)</p> <p>JAPAN</p> <p>(14) Dr. Yuji Tamura (Tokyo University of Marine Science and Technology) (15) Mr. Jun Abe (Asahi Diving Works) (16) Dr. Takahiko Kimura (MDRRMO of Kalibo) (17) Dr. Junko Nagahara (Osaka University, Japan)</p>
1650-1710 [30min]	<p>Closing Ceremony Closing Remarks</p>
18:00-	<p>Farewell Meeting over dinner (for the future collaboration)</p>

*This schedule is subject to change without any notice.

©Uitemate Instructor Course

*all the guests of the uitemate conference are also welcome to join this course.

Tools required preparing:

- clothes to wear in the swimming pool (T-shirt, pants (half pants are ok), & sandals/shoes)
- a plastic bottle (about 2 liters one)
- a swimsuit (wear it under your clothes)

*Please clean up your shoes or sandals in advance for not making the swimming pool dirty.

Saturday, November 23 [Uitemate Instructor Course (swimming pool)]

<Venue: @Borneo Marine Research Institute, Universiti Malaysia Sabah & Likas Sport Complex> Participants: aprox. 130 pax

0830-0845 [15min]	Registration (@Universiti Malaysia Sabah)
0845-0900 [15min]	Opening Ceremony Opening Remarks Dr. Hidetoshi Saitoh (President of SWRSR)
0900-1000 [60min]	Lecture on Uitemate Instructor Training (swimming pool) Dr. Hidetoshi Saitoh (President of SWRSR)
1030-1115 [45-70min]	Move from UMS to Likas Sports Complex [45min] by bus [Change clothes to swim suits; move to the swimming pool] *Make sure that you bring a plastic bottle and wear T-shirt, pants, and sandals, NOT just your swim suit.
1140-1340 [120min]	[Practice in the swimming pool @ Likas Sports Complex] Practical Training for <i>Uitemate</i> Instructor in swimming pool Supervisor: Yoshihiro Ominato (Vice President of SWRSR) Instructors: Hiroki Siato (International Instructor of SWRSR) Tasuki Tokunaga (International Instructor of SWRSR) Foong Inn Wong (Swimming Teachers' Association of Malaysia)
1340-1400	Certification Awarding Ceremony & Closing Ceremony

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